

5 POWERFUL QUESTIONS

for any topic we tackle:



1 instruction:
WITH & FOR
all involved
EXPLORE

- **Unpack what you think**
Follow the #'s or in any order.
- ! **Find new possibilities**
Use **cues** on the Compass.
- ? **When in doubt, let it out!**
Just add a ? when we don't know, or to let thoughts come...and go!

ANGRY (mad face emoji): mad, upset, furious, frustrated, jealous, irritated, resentful, annoyed

SCARED (worried face emoji): anxious, worried, nervous, stressed, threatened, tense, terrified, insecure, distraught, vulnerable

DOWN (frowning face emoji): sad, tired, sick, hurt, excluded, ashamed, embarrassed, disappointed, lonely, regretful, miserabile, disconnected, bored or "blah"

HAPPY (smiling face emoji): calm, content, amused, inspired, hopeful, energized, courageous, playful, thrilled, excited, delighted, grateful, appreciated

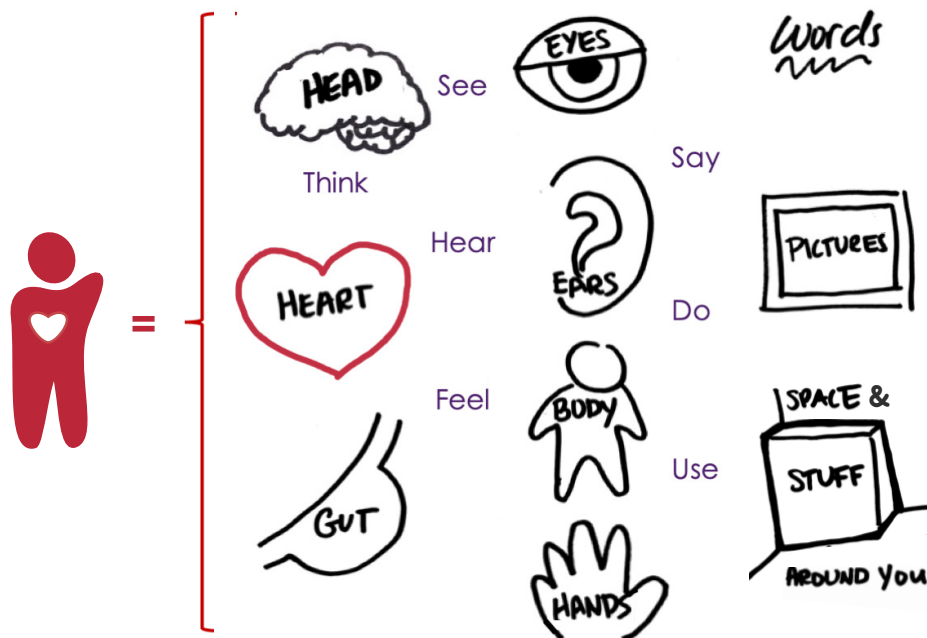
WONDERING (questioning face emoji): curious, unsure, debating, confused, open, stumped, questioning, genuous

CARING (heart with eyes emoji): kind, warm, patient, understanding, loving, loved, empathic, compassionate

TIPS: FOCUS ON FEELINGS go beyond "good" and "bad" for better breakthroughs

TIPS: SEE PEOPLE FULLY

consider these 10 (+ more!) tools we each have or do:



Fun side notes:
 Drawings can be simple, like these!
 A simple ear drawing has a big question mark: so listen with questions in mind, not answers!



2. THEN SPEAK:

- **READ.** One person read just what's on one of your sticky notes, show it, and post it for the group to see.
- **ADD.** Anyone with a similar thought add your sticky note (or a +1, heart etc.) next to the first note, reading it if you like.
- **REPEAT.** Everyone take turns reading and adding until all notes are up. Label the groups of related notes if you like.

1. STICKY:
Solo and silently, everyone put each thought on a separate sticky note.

for groups to see and hear everyone's thoughts effectively.

TIPS: STICKY THEN SPEAK

TIPS: USE COMPASS CUES

to find aha's (!) and questions (?) that move you forward faster!

or...WANDER & WONDER!

